

For children, youth, kendo instructors and new beginners

KENDO SEMINAR INVITATION

Helsinki Ki-Ken-Tai-Icchi Kendo Club together with the Finnish Kendo Association presents:

KENDO SEMINAR FOR CHILDREN & YOUTH 29.–31.July 2011, in Helsinki, Finland

The seminar will be lead by Shinichi YAMAGAMI sensei (kyoshi 8.dan) who has visited Finland often after first being sent here by the All Japan Kendo Federation in 2002. Yamagami sensei is the Principal of the Kagawa University Normal School and he will bring with him a group of pupils and two students.

The seminar is divided into three groups:

1. Mini course for new beginners (open all ages)
2. Elementary school aged children who already train kendo (7–13-years-old)
3. Youth and young kendokas (14–23-years-old), this group may be divided into two if need be

Some trainings are also conducted everyone together and there is fun free time program included as well.

JAPANESE DELEGATION, in Helsinki 26. Jul – 1. Aug 2011

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| 1. Delegation leader | Shinichi YAMAGAMI, kyoshi 8.dan | Kagawa University Normal School Principal |
| 2. Student, girl | Kana KUROKAWA, 5.dan | Hiroshima University, Graduate school, 24-y. * |
| 3. Student, boy | Yuma YOSHII, 4.dan | Kagawa University, kendo team, captain, 22-y. |
| 4. School pupil, boy | Yuki HIRANO, 3.kyu | Kagawa University Normal School, 6.grade |
| 5. School pupil, girl | Megumi YANO, 1.dan | Kagawa University Normal School, 8.grade |
| 6. School pupil, girl | Akari NOZAKI, 1.dan | Kagawa University Normal School, 8.grade |
| 7. School pupil, girl | Saori MIYAKE, 1.dan | Kagawa University Normal School, 8.grade |
| 8. School pupil, girl | Chiharu FURUKAWA, 1.kyu | Kagawa University Normal School, 8.grade |

* Kana Kurokawa is included in the Japanese National Team circle and competing to get in to the team for the 2012 WKC held in Italy in May.

SEMINAR PROGRAM 29.–31.Jul 2011

Changes are possible

Friday 27.Jul

- 17:00–18:30 Seminar opening anf training
18:45–19:45 Open jigeiko / uchikomi-keiko *

Saturday 30.Jul

- 09:00–10:30 Training
11:00–12:30 Training
12:45–13:45 Lunch
14:30–16:00 Training
16:15–17:15 Aikido try out session
17:30–18:30 Open jigeiko / uchikomi-keiko *
19:00–21:00 Supper and program at the dojo

Sunday 31.Jul

- 09:30–11:00 Training
11:15–12:30 Jigeiko and seminar closing *
Swimming at the nearby pool



* Friday, Saturday and Sunday jigeikos are open also to people not participating the seminar. Pre-registration is required and a small fee is charged. For new beginners this is a watching only training except for Sunday.

PROGRAM OUTSIDE THE SEMINAR 27.Jul – 1.Aug 2011

Changes are possible

The delegation will arrive to Finland on Tuesday the 26th of July. Before and after the seminar everyone is invited to participate the program described below. Especially kendo youth and children with their parents are warmly welcome. This is a unique chance to get to befriend Japanese youth and to get to know Japanese culture too. Especially the Sunday program is designed with the parents of young kendokas in mind and this is a nice chance to discuss with the kendo teachers too.

Wed 27.Jul

10:00–15:00 Helsinki sightseeing by public transport (main sights and lunch)

17:30–19:00 Normal junior kendo training at KKTi (open to all, no registration needed, no extra fee)

19:00–20:30 Normal kendo training at KKTi (open to all, no registration needed, no extra fee)

Thu 28.Jul

10:00–15:00 Field trip to nature, swimming and grilling sausages (weather permitting, location will be confirmed)

16:00–20:00 Field trip to Linnanmäki Amusement Park (weather permitting, lunch included)

Fri 29.Jul

10:00–13:00 Field trip to Suomenlinna Fortress Island (lunch included)

Sun 31.Jul

18:00–20:00 Garden Party at Mikko's and Susanna's House (addr: Käätypolku 8b,00950 HKI), grilling, sauna

Mon 1.Aug

The delegation will depart Helsinki and return to Japan. Everyone is welcome to wave goodbye either at the Stadium Hostel at 2pm or at the airport at 2.30-3.30pm.

NB: All expenses for the above mentioned program outside the seminar will be born by each participant him/her self on the spot. Any changes to the program will be announced to those who registered for the program in question.

SEMINAR VENUE

All trainings are at the same location, the Ki-Ken-Tai-Icchi's dojo:

Olympic Stadium, East wing, gymnastic halls

Address: Hammarskjöldintie 4, Helsinki

Map: <http://www.kendohelsinki.org/?sivu=kartta>

How to: Tramlines 3, 4, 7, 8 and 10 all busses driving along the Mannerheimintie road. On foot from Pasila Railway Station 1,5km. More details at: <http://www.reittiopas.fi/en/>

FEES

Mini course for beginners (Fri-Sun): 70 €, incl. Sat lunch and supper, kendo insurance, use of equipment

Whole seminar, children and youth up to 23-y. (Fri-Sun): 65 €, incl. Sat lunch and supper

Whole seminar, instructors aged over 23-y. (Fri-Sun): 30 €, incl. Sat lunch and supper

Single day: Fri 20€, Sat 40€ (incl. lunch & supper), Sun 20€

Accommodation at Stadion Hostel: 35 € / 2 nights, incl. breakfasts

Jigeiko/Unchikomi sessions (free for seminar participants): 6€/one time (Fri/Sat/Sun) or 15€/3 times (Fri-Sun)

REGISTRATIONS: by **FRI 1.7.** the latest

Please use the online [form](#) available at the club's home page.

(www.kendohelsinki.org/kendoleiri)

In case of problems, please send e-mail to this address: ilmoittautuminen.kkti@gmail.com.

PAYMENTS

After registering, you'll receive an invoice by e-mail.

Deadline for the invoice will be: Fri 8.Jul 2011

Participants from abroad can also pay in cash on the spot

PLEASE NOTE!

The capacity of this seminar is limited. It is a good idea to register well in time especially if you need accommodation.

MEALS

Saturday lunch is included with the seminar and it will be served at the Stadium Hostel cafeteria.

Menu: Chicken soup, soft drink (milk, water, juice), bread, salad, coffee, tea, cookies.

Saturday night supper is also included and it will be served at the dojo. The menu will include some Japanese food and it will be confirmed later. Please do not forget to inform the organization of any dietary restrictions when you register.

ACCOMONDATION

Accommodation is arranged at the Stadium Hostel. There is a limited number of beds booked and early registration is advisable. Bed clothes, towels and breakfasts are included. The beds are in 9-persons rooms in bunk beds. Details of the hostel: www.stadionhostel.fi

CANCELLATIONS

Free of charge until 1 Jul. After which, 50% of booked accommodation + 10€ for expenses, will be charged. Cancellations after 21 Jul will result ins charging any booked accommodation and half of the seminar fee. If need be, please make sure to cancel your participation as soon as you know it. This is in order to help the organization and other participants.

You are warmly welcome!

INQUIRIES

Heini Korhonen

Chairperson

Ki-Ken-Tai-Icchi club

heini.m.korhonen@gmail.com

+358 50 331 6032

www.kendohelsinki.org



All photos from 2009 children and youth kendo event organized with Yamagami sensei and his students in Helsinki.

